

HEDGEHOGS NEWSLETTER



FRIDAY 6TH MARCH

This week in Nursery our learning has been based around The Colour Monster. We have spent lots of time talking about our feelings and emotions what they are, what might make us feel different ways, and how our bodies and actions can change depending on how we feel. We also explored things we can do to help ourselves feel better when we experience tricky emotions. The children have been fantastic at identifying how they feel at different points in the day and sharing their thoughts with their friends and adults. It has been wonderful to see such thoughtful conversations and growing confidence as they learn more about understanding their emotions.

The children had great fun creating their very own Colour Monsters using a variety of materials and different colours to print with. This activity provided lots of opportunities to talk about colours and explore what happens when we mix them together. While making their monsters, some of the children shared that they sometimes feel more than one feeling at the same time, which led to some lovely conversations about emotions and how everyone can feel differently in different situations.



Later in the week, the children had a go at decorating biscuits to create their own "feelings biscuits." They used icing pens to draw different facial expressions, thinking carefully about how to show different emotions.

As well as being a fun and creative activity, it was also great for developing their fine motor skills and building hand strength as they squeezed the icing tubes.

EXPLORE. LEARN AND DISCOVER!



The children also enjoyed mixing different colours together to make coloured water in our outside area. They had lots of fun experimenting to see what new colours they could create. Alongside this, they drew different faces in the sand for their friends to guess the emotion, which led to lots of lovely conversations about how we recognise different feelings.



We loved seeing everyone's costumes for World Book Day this week and sharing their favourite books with us.

We were also very lucky to have a visit from the children in Year 5. Each nursery child chose a book from our reading den, which the Year 5 children then read to them. The children enjoyed this so much that we have decided to make it a regular event and plan to do this on the first Thursday of every month.





GENTLE REMINDER

If you haven't yet brought a family photo in for your child, please could you send one in so we can add it to our 'Nursery Family' wall.

We would also love to see your child's scrapbook if it hasn't been returned to Nursery yet. The children really enjoy sharing these and they are a wonderful way to support their learning and confidence.



HAVE A LOVELY WEEKEND

SOPHIE AND THE TEAM